

Compare 5 Health Coaching Certifications (online only)






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Source: <https://robkish.life/online-health-coaching-certifications/>

Feel free to share this PDF with anyone who may benefit from seeing this comparison

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	 NICKERSON INSTITUTE Integrative Health Training	 NATURAL WELLNESS ACADEMY ∞ EST. 2013	 INSTITUTE FOR THE PSYCHOLOGY OF EATING The World's Leading School in Nutritional Psychology	 PRIMAL HEALTH COACH INSTITUTE	 CHEK INSTITUTE
Certifications	Integrative Health Coach	Holistic Health and Life Coaching	MInd Body Eating Coach	Primal Health Coach	Holistic Lifestyle Coach Level 1
Help you stand out from the competition	✓	✓	✓	✓	
Start Anytime	Self-paced: ✓ Instructor-led: No	✓	No—accepts students every 8-12 months	✓	✓
AADP Accredited	✓	✓		✓	✓
Program Length	Instructor-led: 15 weeks Self-paced: up to one yr	9-12 months	8 months	No limit, unlimited access to materials	No limit, unlimited access to materials

Total Program Hrs	150	150	250	Unknown	Unknown
1 on 1 Mentoring	✓	✓	✓		
Virtual Classes	✓ for instructor-led	✓			
Teleclasses			✓		
Live Coaching Practice	✓ for instructor-led	✓	✓		
Coursework Feedback	✓	✓	✓	✓	
Live and Recorded Webinars	✓	✓	✓		
PDF Downloads	✓	✓	✓	✓	✓
Video Content	✓	✓	✓	✓	✓

Lifetime Access to Resources	✓	✓	✓	✓	✓
Learn How to Start Your Own Health Coaching Business	✓	✓	✓	✓	
Learn How to Market Yourself	✓	✓	✓	✓	
Investment (if paid in full)	\$3299	\$2795	\$1995	\$2995	\$347
Payment Plan Options	\$850 x 4	\$500 down then \$175 x 12	\$375 x 16 \$630 x 12 \$1200 x 6	\$295 down then \$465 x 6 \$295 down then \$240 x 12	
Coupons		Hint: Sign up to their email list		Coupon Code	
	Review	Review	Review	Review	Review
	Website	Website	Website	Website	Website